

# PEER SUPPORT FOR ADULTS WITH TYPE 1

#TheBig1 Online - top tips for type 1



**DATE** 23 February 2021

**TIME** 6:30pm - 8pm

**WHERE:** Zoom event - Sign up here -  
<https://eu.eventscloud.com/big1toptips>

Join us for our next online event for adults with type 1. Meet others with type 1 diabetes, share advice, ask questions and learn more about life with the condition, all in a laid-back, small group event.

Follow @SWDiabetesUK on Twitter for more information and future events

**Feel free to share your experiences and advice, or just come along, listen and learn from others**

**[www.diabetes.org.uk](http://www.diabetes.org.uk)**