## **Referral Pathways for the Diabetic Foot**



Circulation - Palpate Dorsalis Pedis and Posterior Tibial pulses Neurological - Test with 10g monofilament Physical -Note foot deformity, skin changes



#### All of the following

- 1. Normal sensation to 10g monofilament
  - 2. Good foot pulses
  - 3. No previous ulcer
- 4. No foot deformity
  - 5. Normal vision

No physical/learning disability, e.g. stroke/dementia

### Any one of the following

- 1. Loss of sensation to 10g monofilament
- 2. Absent foot pulses (or previous vascular surgery)
- 3. Problematic foot deformity
- Significant visual impairment
   Physical/learning disability,
   e.g. stroke/dementia

## Any one of the following

- 1. Loss of sensation to 10g monofilament <u>and</u> absent foot pulses
  - 2. Previous foot ulcer
- 3. Callus plus moderate risk
- 4. Previous amputation

Active foot ulceration or foot wound on or distal to the malleoli Sudden onset pain, inflammation or swelling with no wound (suspect Charcot neuroarthropathy)

# LOW RISK OF ULCERATION

Advise self care
No specific regular
podiatric input
needed (except in
exceptional
circumstances)
Annual foot check
and education

MODERATE RISK OF FOOT ULCERATION

Refer to
community podiatry
for assessment.
Referral letter to
Podiatry Department
White Cross Court
Huntington Gdns
York Y031 8FT
Tel. 01423 542300
Fax 01904 644049

HIGH RISK OF FOOT ULCERATION

Refer to high risk community podiatry for assessment
Referral letter or Fax to Podiatry Department
White Cross Court
Huntington Gdns
York Y031 8FT
Tel. 01423 542300
Fax 01904 644049

### **ACTIVE FOOT DISEASE**

Urgent same day referral to multi-disciplinary foot protection team
Podiatry Department
Centre for Diabetes and Endocrinology
York Hospital
Tel 01904 726510
Fax 01904 726761/725781
Clinic 01904 726761/725781

Patients should understand the importance of warning signs such as swelling, redness, heat, pain or discharge. Emergency contact numbers should be given for the patients to phone if these symptoms appear. **Out of hours diabetic foot emergencies should dial 111 or present to A&E.**