

# Approach to management of hyperglycaemia

**More Intensive**

**Less Intensive**

Highly motivated,  
adherent  
excellent  
self care  
capabilities

Less  
motivated,  
non-adherent  
poor  
self care  
capabilities

Patient attitude and  
expected treatment effort

Low

High

Risks potentially associated  
with hypoglycemia, other  
adverse events

Newly  
Diagnosed

Long  
Standing

Disease duration

Long

Short

Life expectancy

Absent

Severe

Important comorbidities

Few / Mild

Absent

Severe

Established vascular  
complications

Few / Mild