

Referral Pathways from Annual Diabetic Foot Screening

Circulation - Palpate Dorsalis Pedis and Posterior Tibial pulses

Neurological - Test with 10g monofilament

Physical - Note foot deformity, skin changes

All of the following

1. Normal sensation to 10g monofilament
 2. Good foot pulses
 3. No previous ulcer
 4. No foot deformity
 5. Normal vision
- No physical disability

LOW RISK OF ULCERATION

Advise self care
No specific regular
podiatric input
needed (except in
exceptional
circumstances)
Annual foot check
and education

Any one of the following

1. Loss of sensation to 10g monofilament
 2. Absent foot pulses (or previous vascular surgery)
 3. Problematic foot deformity
 4. Significant visual impairment
- Physical disability, e.g. stroke

MODERATE RISK OF FOOT ULCERATION

Refer to
community podiatry
for assessment.
Referral letter to
Podiatry Department
White Cross Court
Huntington Gdns
York YO31 8FT
Tel. 01904 724223
Fax 01904 644049

Any one of the following

1. Loss of sensation to 10g monofilament and absent foot pulses
2. Previous foot ulcer
3. Callus plus moderate risk
4. Previous amputation

HIGH RISK OF FOOT ULCERATION

Refer to high risk
community podiatry
for assessment
Referral letter or Fax to
Podiatry Department
White Cross Court
Huntington Gdns
York YO31 8FT
Tel. 01904 724223
Fax 01904 644049

Active foot ulceration or
foot wound on or distal
to the malleoli
Sudden onset pain,
inflammation or swelling
with no wound (suspect
Charcot neuroarthropathy)

ACTIVE FOOT DISEASE

Urgent same day referral to
multi-disciplinary foot
protection team
Podiatry Department
Centre for Diabetes and
Endocrinology
York Hospital
Tel 01904 726510
Fax 01904 726881
Clinic 01904 726761/725781

Education: All patients should understand the importance of early warning signs such as swelling, redness, heat, pain or discharge and emergency contact numbers should be given for the patients to phone if these symptoms appear.