

# Master Classes in Diabetes for Primary Care 2015: Towards Level 2 Services

UNIVERSITY *of* York  
The Department of Health Sciences

[www.york.ac.uk/healthsciences/ssprd/](http://www.york.ac.uk/healthsciences/ssprd/)

## Who is this for?

These three complimentary half-day master classes are aimed at GPs and practice or community nurses working within the Vale of York Clinical Commissioning Group.

The sessions are designed to increase knowledge and skills in providing quality care and treatment for people with diabetes. They aim to enable development towards providing level 2 services.

**Master class one will focus on treatments for diabetes, dietary management for weight loss, NICE guidelines and shared pathways.**

**Master class two will focus on injectable therapies and initial dose review, including GLP-1 and insulin therapy.**

**Master class three will focus on ongoing management of diabetes, including through dietary modification; complex cases; dose adjustment; pre-pregnancy and referral pathways.**

## Content:

The afternoons will enable learning for safe evidence-based care. We will work with case examples occurring within primary care, offering skills improvement to meet service development needs across GP practices within York CCG.

## Learning outcomes:

After attending the master classes you will have a greater insight into treatment options for people with type 1 and 2 diabetes and the knowledge to deliver safer care, in conjunction with the latest dietary principles.

Attendance at these master classes will contribute towards evidence of your competency in diabetes care.

These sessions align with the latest local Diabetes Care Model, mainly at Level 1 and 2, in the following categories: 1.3, 1.4, 1.5, 1.6, 1.9 and 2.1, 2.2, 2.3, 2.5, 2.8 and 3.3.

For further information contact Student Information Service on 01904 321321.

York Teaching Hospital **NHS**  
NHS Foundation Trust

**NHS**  
Vale of York  
Clinical Commissioning Group



## Master class one dates 1.00pm - 4.30pm

- 29th January 2015
- 5th February 2015
- 26th February 2015

## Master class two dates 1.00pm - 4.30pm

- 23rd March 2015
- 26th March 2015
- 23rd April 2015

## Master class three dates 1.00pm - 4.30pm

- 20th April 2015
- 30th April 2015
- 18th May 2015

All sessions will take place at Kings Manor.

## Funding

Places are free to staff working in areas covered by Health Education Yorkshire and the Humber (HE Y&H)

## To book a place

Please complete the booking form overleaf and return to Sarah Parkinson.

## BOOKING FORM

### Master Classes in Diabetes for Primary Care 2015: Towards Level 2 Services University of York 2015

Please reserve me a place on:

Master class 1:	29 January	<input type="checkbox"/>	5 February	<input type="checkbox"/>	26 February	<input type="checkbox"/>
Master class 2:	23 March	<input type="checkbox"/>	26 March	<input type="checkbox"/>	23 April	<input type="checkbox"/>
Master class 3:	20 April	<input type="checkbox"/>	30 April	<input type="checkbox"/>	18 May	<input type="checkbox"/>

Title \_\_\_\_\_ First Name \_\_\_\_\_

Surname \_\_\_\_\_ Pin or GMC No \_\_\_\_\_

Job Title \_\_\_\_\_

GP Practice \_\_\_\_\_

Workplace address \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Email address \_\_\_\_\_

Tel no \_\_\_\_\_

Signature \_\_\_\_\_

Date \_\_\_\_\_

Please photocopy and post or scan and email to:

Sarah Parkinson  
Department of Health Sciences  
Student Information Service  
Area 1, Ground Floor  
Seebohm Rowntree Building  
University of York  
Heslington  
York YO10 5DD

Tel: 01904 321321 Email: [sarah.parkinson@york.ac.uk](mailto:sarah.parkinson@york.ac.uk)