

**York & District Diabetes UK Group**

**Programme 2015 / 2016**

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| August | No Meeting |
| **Wednesday September 2nd**  | Podiatry – Talk by a podiatrist who specialises in Diabetes Foot Care |
| **Wednesday October 7th** | Health Watch York – Find out how they can help you get the best out of health services in York |
| **Wednesday November 11th** | (Royal York Hotel) **Party!!-** Help us celebrate reaching our 60th year of helping people with diabetes in the local community. Contact us for further information  |
| **Wednesday December 2nd** | Talk by a **Consultant Physician** in Diabetes & Endocrinology |
| **January 2016 (date to be arranged)** | Outing to Pantomime  |
| **Wednesday February 3rd** | **Social** – Beetle Drive and Holiday Memories |
| **Wednesday March 3rd** | AGM & Social – All Welcome |
| **Wednesday April 6th**  | York Coronary Support Group Trust – Who they are and what they do to help people who are recovering from a heart attack or heart surgery |